

In My Voice

Training package

The In My Voice vignettes are short film clips that capture culturally nuanced reflections on marital and family relationships in the context of Domestic & Family Violence (DFV). These vignettes provide diverse perspectives on DFV that can enhance organisations' understanding of migrant communities.

Available in several languages, they are also designed to encourage conversations amongst migrant communities and empower DFV women victims/survivors. 80% of women disclose their experiences of DFV to family members, friends, or community leaders. These videos will assist in increasing their understanding and response to DFV.

These vignettes build confidence in engaging in conversations around DFV and can be seen as a prevention tool.

Start a conversation

Below we propose a set of questions that can be used, after viewing the film clips, as conversation starters in communities, with service providers and community groups.

Conversation starters – community groups:

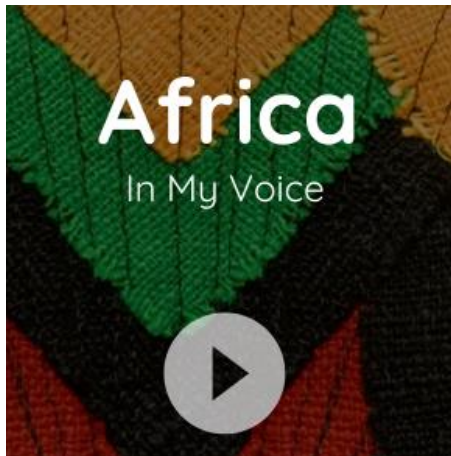
1. What is one thing from the film(s) that stands out for you? Why?
2. How much does this relate to your community and/or culture?
3. How does your community most likely respond to knowing that someone is experiencing DFV?
4. How would you like to be supported as a victim survivor or if you were a victim survivor?

Conversation starters – service providers:

1. What is one thing from the film(s) that stands out for you? Why?
2. From your work, how have you experienced responses from the communities?
3. How does what you heard relate to your practice?
4. What are the takeaways for your practice?

Preparation and referrals:

- Provide a trigger warning before viewing the films. While they are not explicit in content, the topic of DFV can be triggering.
- Have referral options ready such as:
 - 1800RESPECT - 1800 737 732
 - Men's Referral Service - 1300 766 491
 - LifeLine - 13 11 14
 - Interpreter services - 131 450



- In English
- In Swahili



- In English
- In Arabic
- In Dari/Farsi



- In English



- In English
- In Cantonese
- In Vietnamese



- In English
- In Nepalese



- In English
- In Burmese